

Prostate Perform YOUR PROSTATE SHOULDN'T

WAKE YOU UP AT NIGHT

Prostate Perform

Relieves Urologic Symptoms of BPH Reduces Difficulty and Frequency of Urination **Davtime and Nighttime**



90

Laboratory-Tested

softgels

All New Roots Herbal Products Are Tested in Our ISO 17025-Accredited Laboratory

Prostate Perform



The Small Gland with Large Health Implications!

The prostate is a walnut-sized gland that is essential for male reproduction. As men age, an enzyme produced throughout the body, 5-alpha-reductase, affects the size of the prostate and converts testosterone to dihydrotestosterone (DHT). Excessive levels of DHT can lead to benign prostatic hyperplasia (BPH), an abnormal growth of the prostate gland. As the prostate grows, it applies pressure on both the urethra and the bladder, creating the need to go, but also interfering with your ability to go!

According to the Canadian Urological Association, more than half of men in their 60s, and up to 90% of men in their 70s and 80s, experience symptoms associated with BPH. This represents more than 3 million Canadian men. Could you be among them?

What can you do? Prescription drugs are a popular approach, although they may have undesirable side effects. Surgical procedures exist for extreme cases. "Watchful waiting" is the most common approach for BPH; close surveillance, yearly exams, and lifestyle adjustments.

Why wait? Clinical studies demonstrate a number of vitamins, minerals, and nutraceuticals are effective in reducing various symptoms of benign prostatic hyperplasia. Prostate Perform combines these ingredients in a synergistic formula, providing full-spectrum results.

Prostate Perform delivers 16 therapeutically proven ingredients in a formula with proven results. It's no wonder that patients using Prostate Perform reported alleviation of symptoms in as little as 7 to 10 days!

Saw Palmetto

This potent standardized extract has been proven to alleviate difficulty initiating urine flow, improving output, and reducing frequency during day and nighttime.

Rye Flower Pollen Extract

Clinical trials including potencyvalidated rye flower extract have shown inflammation-reducing effects beneficial for lessening nighttime urination (nocturia) and daytime urination frequency.

Free Plant Sterols

These plant-sourced compounds have been shown to help reduce inflammation of the prostate gland to increase urinary flow and reduce residual urinary volume.

Stinging Nettle Extract

It has been shown to reduce inflammation and modulate testosterone, improving urinary output, and decreasing retention.

All of these and the other ingredients in Prostate Perform have been shown to either help reduce symptoms of benign prostatic hyperplasia or benefit overall prostate health.

Prostate Perform



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Two softgels contain:
Free plant sterols (from non-GMO soy) 370 mg
Providing:
<i>beta</i> -Sitosterol 148 mg
Stigmasterol 74 mg
Campesterol 74 mg
Wild-crafted saw palmetto (Serenoa repens) fruit
liposterolic extract, 95% fatty acids (CO ₂ -extracted) 320 mg
Rye (Secale cereale) flower pollen extract
Certified organic borage (Borago officinalis) seed oil 200 mg
L-Alanine 100 mg
Cranberry (Vaccinium macrocarpon) fruit
107× concentrate 100 mg
L-Glutamic acid hydrochloride 100 mg
L-Glycine 100 mg
Natural vitamin E (mixed tocopherol concentrate,
from non-GMO soy) 76 mg
Stinging nettle (Urtica dioica) root
and herb top extract, 5% silicic acid 50 mg
Zinc (from zinc citrate) 32 mg
Pau d'arco (<i>Tabebuia heptaphylla</i>) inner bark 30 mg
Vitamin B6 (pyridoxine hydrochloride) 20 mg
Lycopene (from tomato [Solanum lycopersicum] flesh) 1.2 mg
Selenium (from yeast-free L-selenomethionine) 100 mcg
Vitamin D3 (cholecalciferol) 25 mcg (1,000 IU)

Other ingredients:

Extra virgin certified organic olive oil (350 mg); certified organic pumpkin (*Cucurbita pepo*) seed oil, cold-pressed (200 mg); lecithin (from non-GMO sunflower); medium-chain triglycerides (MCT) oil; silicon dioxide; and beeswax in a softgel composed of annatto (in sunflower oil), bovine gelatin, glycerin, and purified water.

V0445-R10 · NPN 80101925

Directions of use:

Adult men: Take 2 softgels daily with food or as directed by your health-care practitioner. If you are taking other medications, take this product a few hours before or after them.

Duration of use:

Consult a health-care practitioner for use beyond 4 months. Manufactured under strict GMP (Good Manufacturing Practices). HP0256